

**Ruofan Ma, Ph.D.,  
C.Psych. (Supervised Practice)**

**EDUCATION**

- 2021 – 2026     **The University of North Carolina at Chapel Hill**, Chapel Hill, NC  
Ph.D., Clinical Psychology  
Advisor: Kristen A. Lindquist, Ph.D.  
(Clinical Internship: The Ohio State University Wexner Medical Center, with specializations in trauma/suicide and geropsychology)
- 2019 - 2021     **Michigan State University**, East Lansing, MI  
M.A., Psychology  
Advisor: NiCole T. Buchanan, Ph.D.
- 2012 - 2016     **University of Waterloo**, Waterloo, ON, Canada  
Bachelor of Mathematics, Honours, with Dean's Honours (highest distinction)  
Major: Combinatorics & Optimization (GPA 4.0)  
(2016-2018 Psychology, Post-Baccalaureate; GPA 4.0)

**ACADEMIC APPOINTMENTS**

- 2026 -            **Postdoctoral Fellow**, Department of Psychology, University of Toronto
- 2026            **(Visiting) Postdoctoral Fellow**, Department of Psychiatry, Yale University

**GRANT ACTIVITY**

***Submitted***

- 2026            **Mind and Life Research Grant**  
Role: PI | Amount: \$25,000 USD | Mind & Life Institute  
Collaborators: Cendri Hutcherson, Ph.D., Zindel Segal, Ph.D., Norman Farb, Ph.D.  
Project: Brain-body computational mechanisms in reducing loneliness via daily contemplative practice

***Funded***

- 2026            **Natural Sciences and Engineering Research Council of Canada (NSERC) Canada Postdoctoral Research Award (CPRA)**  
Role: PI | Amount: \$140,000 CAD (post-doctoral training grant; top woman applicant)  
Project: Neural computations of interoceptive signals in decision-making
- 2024            **The Love Consortium Graduate Student Research Grant**  
Role: PI | Amount: \$10,000 USD | Subaward of John Templeton Foundation grant  
Collaborators: Emily Impett, Ph.D., Jennifer Sterllar, Ph.D.  
Project: Trait and State Gratitude in Dynamical Systems of Couples' Physiological (Co)regulation and Relationship Outcomes

- 2024 **Scientific Research Network on Decision Neuroscience and Aging Pilot Grant**  
 Role: PI | Amount: \$24,000 USD | Subaward of NIA 5R24AG076847  
 Project: Impact of discrimination and neurophysiological aging on social decision-making and implications in relationship building and mental health disparities
- 2021 **Canadian Institutes of Health Research (CIHR) Doctoral Foreign Study Award**  
 Role: PI | Amount: \$105,000 CAD (3-year training grant; top score in review committee)
- 2020 **Michigan State University College of Social Science Early Start Research Grant**  
 Role: PI | Amount: \$2,500 USD
- 2016 **University of Waterloo Math Undergraduate Research Award**  
 Role: PI | Amount: \$10,000 CAD | Advisor: Christopher D. Godsil, Ph.D.  
 Project: Continuous quantum search algorithms on strongly regular graphs

### **HONORS, AWARDS AND SCHOLARSHIPS**

- 2026 **Collaboration Award** (with Xiaosi Gu, Ph.D., School of Medicine at Yale University)  
 Scientific Research Network on Decision Neuroscience and Aging
- 2025 **John Daniel Searcy Fellowship (\$5,000 USD)**  
 North Carolina Psychological Association
- 2025 **Graduate Student Transportation Grant (\$1,400 USD)**  
 The University of North Carolina at Chapel Hill
- 2024 **P.E.O Scholar Award (\$25,000 USD) Carolyn E. Conway Endowed Scholarship**  
*One of 16 recipients of special named and endowed awards to recognize exemplary achievement and potential, among 100 merit-based P.E.O. scholar award recipients*  
 International Chapter Philanthropic Educational Organization (P.E.O) Sisterhood
- 2024 **Graduate and Professional Student Government Travel Award (\$800 USD)**  
 The University of North Carolina at Chapel Hill
- 2021, 2024 **Dashiell Student Travel Award (\$483 USD total)**  
 The University of North Carolina at Chapel Hill
- 2019 **Council of Graduate Students Professional Development Award (\$500 USD)**  
 Michigan State University
- 2019 **Summer Early Start Scholarship (\$3,000 USD)**  
 Michigan State University
- 2018 **Psychology Honours Thesis Award**  
 University of Waterloo
- 2018 **Association for Psychological Science Convention Travel Award (\$200 USD)**
- 2017 **HeForShe Travel Award (\$590 CAD)**  
 University of Waterloo
- 2016 **St. Jerome's University Math Departmental Award**  
*Awarded to the top student in the graduating class* | University of Waterloo

- 2014 – 2015 **International Experience Award (×2) (\$6,000 CAD total)**  
University of Waterloo
- 2013 – 2014 **Upper-Year Math Fellowship (×2) (\$1,200 CAD total)**  
University of Waterloo
- 2012 – 2016 **Term Dean's Honours List (×6)**  
University of Waterloo
- 2012 **President's Scholarship of Distinction (\$2,500 CAD)**  
University of Waterloo
- 2012 **CIBC National Scholarship (\$25,000 CAD)**  
*Top entrance national scholarship awarded to one incoming freshman in Mathematics*  
University of Waterloo
- 2012 **Euclid Mathematics Contest School Champion Medal & Certificate of Distinction**  
University of Waterloo
- 2011 **Quantum Cryptography School for Young Students (QCSYS) Scholarship**  
Institute for Quantum Computing (IQC), University of Waterloo

## **PUBLICATIONS**

***Peer Reviewed Journal Articles*** (underlined names indicate mentee authors)

- Ma, R.**, Feldman, M. J., Bonar, A. S., Frye, N. G., Imamoglu, A., Giovanello, K. S., & Lindquist, K. A. (in press). Interoceptive accuracy, metacognition, and facial trustworthiness perception across the adult lifespan. *Affective Science*.
- Flannery, J. S., Escalante, E. S., **Ma, R.**, Lindquist, K. A., & Telzer, E. H. (2026). Striatal prediction error tracking moderates the influence of social exposure on adolescent substance use curiosity. *Human Brain Mapping*. <http://dx.doi.org/10.1002/hbm.70545>
- Ma, R.**, West, T. N., Escalante, Y. Y., Wulfekuhle, G. E., Cascone, A. D., Frye, N. G., Leshin, J., Carter, M. J., Fredrickson, B. L., Lindquist, K. A., & Cohen, J. R. (2026). Intrinsic network static and dynamic functional connectivity associated with induced pleasant and unpleasant social affect. *Social Cognitive and Affective Neuroscience*. DOI: 10.1093/scan/nsag008
- Ma, R.** & Yao, B. (2026). Lonely minds in lonely bodies: loneliness as insufficient psychological and neurophysiological self-other overlap. *Neuroscience & Biobehavioral Reviews*. DOI: 10.1016/j.neubiorev.2026.106550
- Ma, R.**, West, T. N., Wulfekuhle, G. E., Escalante, Y. Y., Cascone, A. D., Frye, N. G., Leshin, J., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. (2026). Loneliness exacerbates age differences in the allostatic-interoceptive system during induced affect. *Social Cognitive and Affective Neuroscience*. DOI: 10.1093/scan/nsaf124

- Kanser, R. J., Kretzmer, T., Soble, J. R., **Ma, R.**, Hanks, R. A. (2026). Comparing perceptions of chronic traumatic encephalopathy (CTE) across healthcare disciplines. *PM&R*, 1-10. doi:10.1002/pmrj.70100
- Ma, R.**, & Else-Quest, N. M. (2024). Destigmatizing borderline personality disorder with social justice and intersectional cultural humility: How researchers can construct and deconstruct stigma. *Feminism & Psychology*, 35(1), 3-21. <https://doi.org/10.1177/09593535241278213>
- Ma, R.**, Cheah, C. S., Buchanan, N. T., & Barman, S. (2023). An examination of individual, relational, and cultural risk for disordered eating in Asian American college students. *Journal of American College Health*, 1-12. <https://doi.org/10.1080/07448481.2023.2217714>
- Liu, J. L., Cheong, Y., Wang, C., Cheah C. S. L., **Ma, R.**, Zhang, X. (2023). The Voices of Chinese American Parents During COVID-19: Recommendations for Addressing Anti-Asian Racism and Supporting Adolescents in School. *Asian American Journal of Psychology*. <https://doi.org/10.1037/aap0000320>
- Wang, C., Cheah, C. L., Liu, J., Zhu, Q., Havewala, M., **Ma, R.**, Cheong, Y., Housden, M. & Cheong, Y. (2022). Parents' perspectives regarding anti-Asian racism during COVID-19: Supporting elementary students at school. *School Psychology Review*. <https://doi.org/10.1080/2372966X.2022.2098813>
- Ma, R.**, Oakman, J. M., Zhang, X., Zhang, M., Chen, W., & Buchanan, N. T. (2021). Narratives from COVID-19 frontline healthcare workers in China: Lessons for the mental health system from first responders' challenges, perception of mental health assistance, coping and resilience. *Traumatology*. DOI: 10.1037/trm0000343
- Ma, R.**, Zhang, M., Oakman, J. M., Wang, J., Zhu, S., Zhao, C., Hu, Z., & Buchanan, N. T. (2021). Eating disorders treatment experiences and social support: Perspectives from service seekers in mainland China. *International Journal of Eating Disorders*, 1– 12. <https://doi.org/10.1002/eat.23565>
- Ma, R.**, Oakman, J. M., Zhang, X., Zhang, M., Chen, W., & Buchanan, N. T. (2020). On the COVID-19 frontline: Mental health, coping, and barriers to treatment among China's Wuhan health care workers. *MSU AGEP Science Today Bulletin*. 8(1), 5-10. [https://grad.msu.edu/sites/default/files/content/AGEP/2020\\_AGEP\\_Bulletin\\_Final.pdf](https://grad.msu.edu/sites/default/files/content/AGEP/2020_AGEP_Bulletin_Final.pdf)
- Ma, R.**, Nguyen, R., & Oakman, J. M. (2020). Dissemination strategies and usage of psychological assistance hotlines during the COVID-19 outbreak in China. *Frontiers in Communication*, 5, 60. <https://doi.org/10.3389/fcomm.2020.00060>
- Ma, R.**, Mikhail, M. E., Culbert, K. M., Johnson, A. W., Sisk, C. L. & Klump, K. L. (2020). Ovarian hormones and reward processes in palatable food intake and binge eating. *Physiology*. 35(1), 69-78. <https://doi.org/10.1152/physiol.00013.2019>

- Ma, R.**, Capobianco, K., Buchanan, N. T., Hu, Z. & Oakman, J. M. (2019). Etiologic and treatment conceptualizations of disordered eating symptoms among mainland Chinese therapists. 53(3), 391-403. *International Journal of Eating Disorders*. <https://doi.org/10.1002/eat.23204>
- Ma, R.**, & Kelly, A. C. (2019). The fragility of perceived social rank following exercise in anorexia nervosa: An ecological momentary assessment study of shame and pride. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-7. <https://doi.org/10.1007/s40519-019-00797-3>
- Romano, M., Moscovitch, D. A., **Ma, R.**, & Huppert, J. D. (2019). Social problem solving in social anxiety disorder. *Journal of Anxiety Disorders*, 68, 102152. <https://doi.org/10.1016/j.janxdis.2019.102152>
- Ma, R.**, Mikhail, M. E., Fowler, N., Culbert, K. M. & Klump, K. L. (2019). Role of puberty and ovarian hormones in the genetic diathesis of eating disorders in females. *Child and Adolescent Psychiatric Clinics*. 28(4), 617-628. <https://doi.org/10.1016/j.chc.2019.05.008>
- Jones, P. J., **Ma, R.**, & McNally, R. J. (2019). Bridge centrality: A network approach to understanding comorbidity. *Multivariate behavioral research*, 1-15. <https://doi.org/10.1080/00273171.2019.1614898>
- Meza, J. I., Monroy, M., **Ma, R.**, & Mendoza-Denton, R. (2019). Stigma and attention deficit/hyperactivity disorder: Negative perceptions and anger emotional reactions mediate the link between active symptoms and social distance. *ADHD Attention Deficit and Hyperactivity Disorders*. 11(4), 373-382. <https://doi.org/10.1007/s12402-019-00302-x>

### ***Book Chapters***

- Feldman, M. J., **Ma, R.**, & Lindquist, K. A. (2024). The role of interoception in emotion and social cognition. In J. Murphy & R. Brewer (Eds.), *Interoception: A Comprehensive Guide* (p. 125–149). Springer, Cham. [https://doi.org/10.1007/978-3-031-68521-7\\_5](https://doi.org/10.1007/978-3-031-68521-7_5)
- Romano, M., **Ma, R.**, Moscovitch, M., & Moscovitch, D. A. (2020). Autobiographical memory bias. In J. S. Abramowitz & S. M. Blakey (Eds.), *Clinical Handbook of Fear and Anxiety: Psychological Processes And Treatment Mechanisms* (p. 183–202). Washington, DC: American Psychological Association. <https://doi.org/10.1037/0000150-011>

### ***Preprints***

- Escalante, Y. Y., **Ma, R.**, West, T. N., Wulfekuhle, G. E., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. (revise & resubmit). Affective variability and dynamic brain network functional connectivity patterns during induced affect.
- Luo, J., **Ma, R.**, Feldman, M. J., Flannery, J. S., Telzer, E. H., & Lindquist, K. A. (under review). Interoception predicts the neural representation of self and other in adolescence.

**Ma, R.**, Qaiser, J., Schreiber, A. M., Le, B. M., Gordon, A. M., Impett, E. A., Stellar, J. E., & Lindquist, K. A. (in prep). Self-relevance in dynamical systems of couples' physiological linkage and relationship outcomes.

**Ma, R.**, Wilson, D. J., Huang, L., & Hutcherson, C.A. (in prep). Daily dynamics of loneliness and social support.

## **PRESENTATIONS**

### ***Invited Talks***

**Ma, R.** (2026, September) *Self-Other Representations in the Brain and Body*. Talk at the Social and Personality Research Group (SPRG), University of Toronto, Toronto, ON

**Ma, R.** (2026, February). *Self-Other Representations in the Brain and Body Across the Adult Lifespan*. Talk presented at the Individually Measured Phenotypes to Advance Computational Translation in Mental Health (IMPACT-MH) seminar series, Yale University, New Haven, CT.

**Ma, R.** (2026, February). *Relationships and Neurophysiological Self-Other Representations*. Talk presented at the Close Relationships Interest Group (CRIG), University of Kansas, Lawren, KS.

### ***Conference Presentations***

**Ma, R.**, Feldman, M. J., Bonar, A. S., Frye, N. G., Imamoglu, A., Giovanello, K. S., & Lindquist, K. A. (2026, March). *Concordance between physiology and interoception differentially predicts trust perceptions across the adult lifespan*. In Ilyaz, E., & Vine, V. (Chairs). In and out of sync: Examining coherence across multimodal emotion measures to understand emotional processes in mental health. Symposium talk at the 2026 Society for Affective Science (SAS) Annual Conference, Pittsburgh, PA [invited symposium talk]

Escalante, Y. Y., **Ma, R.**, West, T. N., Wulfekuhle, G. E., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. (2026, March). *Affective variability and dynamic integration among brain networks*. Poster abstract submitted to the 2026 Society for Affective Science (SAS) Annual Conference, Pittsburgh, PA

Wulfekuhle, G. E., **Ma, R.**, West, T. N., Wulfekuhle, G. E., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. (2026, March) *A characterization of the central regions of the allostatic-interoceptive system*. Poster abstract submitted to the 2026 Society for Affective Science (SAS) Annual Conference, Pittsburgh, PA

Gu, Y., Escalante, Y. Y., **Ma, R.**, Wulfekuhle, G. E., Cohen, J. R., Fredrickson, B. L., & Lindquist, K. A. (2026, March). *Impact of affective processing and contemplative engagement on default mode network cohesion*. Poster abstract submitted to the 2026 Society for Affective Science (SAS) Annual Conference, Pittsburgh, PA

Whitacre, K., Feldman, M. J., Bonar, A. S., **Ma, R.**, & Lindquist, K.A. (2026, March) examining emotion malleability beliefs as a moderator on associations between early life maltreatment and poor sleep.

Poster abstract submitted to the 2026 Society for Affective Science (SAS) Annual Conference, Pittsburgh, PA

- Ma, R.** & Navarre, K. M. (2025, November) *Intersectionality inclusive of borderline personality disorder as psychiatric disability*. In Rodriguez-Seijas, C. (Chair), Centering minority stress in the conceptualization and treatment of BPD among sexual and gender minority individuals. International Society for the Study of Personality Disorders (ISSPD) 2025 Congress. Boston, MA [Invited symposium talk]
- Ma, R.**, Luo, J., Flannery, J. S., Guassi Moreira, J. F., Telzer, E. H., & Lindquist, K. A. (2025, November) *Adolescents' sensitivity to bodily signals and social reinforcement learning modulates stability of neural self-representation*. Poster presented at the Study of Personality Disorders (ISSPD) 2025 Congress. Boston, MA
- Ma, R.**, Cheng, Z., Feldman, M. J., Bonar, A. S., Frye, N. G., Imamoglu, A., Giovanello, K. S., & Lindquist, K. A. (2025, October) *Individuals prefer repairable relationships and trust perception impacts decision to repair*. Poster presented at the Society for NeuroEconomics (SNE) 2025 Annual Meeting. Boston, MA
- Ma, R.**, Qaiser, J., Schreiber, A. M., Le, B. M., Gordon, A. M., Impett, E. A., Stellar, J. E., & Lindquist, K. A. (2025, March). *Physiological co-regulation during husbands' distress disclosure predicts husbands' felt closeness and both partners' relationship satisfaction 14 days later*. Flash talk presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR
- Ma, R.**, Feldman, M. J., Bonar, A. S., Frye, N. G., Imamoglu, A., Giovanello, K. S., & Lindquist, K. A. (2025, March). *Association between interoceptive metacognition and age-related differences in affect-based social decision making across the adult lifespan*. Poster presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR
- Escalante, Y.Y., **Ma, R.**, West, T., Fredrickson B., Cohen, J.R., & Lindquist, K.A. (2025, March). *Variability in affective dynamics and brain network integration*. Poster presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR
- Wulfekuhle, G. E., **Ma, R.**, West, T. N., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. (2025, March) *The impact of age and loneliness on the functional integration of the anterior insula*. Poster presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR
- Luo, J., **Ma, R.**, Telzer, E. H., & Lindquist, K. A. (2025, March) *Interoception and the neural representation of self and other in adolescence*. Poster presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR [Selected to publish as a long abstract in *Affective Science*]
- Song, N., Bonar, A.S., **Ma, R.**, & Lindquist, K.A. (2025, March). *The role of allostatic interoceptive network connectivity on the positivity effect*. Poster presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR

- Ma, R.** (2024, November). *Mitigating the stigma of borderline personality disorder*. In Tissera, T. (Chair), *Mitigating the Stigma of Borderline Personality Disorder in Clinical Psychological Practice and Research*. Association for Behavioral and Cognitive Therapies (ABCT) 2024 Convention. Philadelphia, PA. [Invited panelist]
- Ma, R.**, West, T. N., Cascone, A. D., Leshin, J., Frye, N. G., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. (2024, April). *Dynamic functional connectivity in attention-based neural networks predicts affect ratings above and beyond static functional connectivity*. Poster presented at the 2024 Social and Affective Neuroscience Society (SANS) Annual Conference, Toronto, ON, Canada
- Ma, R.**, Feldman, M. J., Bonar, A. S., Frye, N. G., Imamoglu, A., Giovanello, K. S., & Lindquist, K. A. (2024, March). *Impact of interoceptive accuracy and metacognition on age related difference in affect-based trust decisions*. Poster presented at the 2024 Society for Affective Science (SAS) Annual Conference, New Orleans, LA [Selected as a Spotlight Poster presentation] [Selected to publish as a long abstract in *Affective Science*]
- Ma, R.**, West, T. N., Cascone, A. D., Leshin, J., Frye, N. G., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. (2024, March). *Loneliness and aging interact to predict functional brain organization during social reward imagery*. Poster presented at the 2024 Society for Affective Science (SAS) Annual Conference, New Orleans, LA
- Ma, R.**, Schreiber, A. M., Hall, N. T., Pilkonis, P. A., & Hallquist, M. N. (2022, May). *Social network quality affects romantic relationship satisfaction in couples with personality disorder symptoms*. Poster presented at the 2022 Association for Psychological Science (APS) Annual Convention, Chicago, IL
- Turner, E., **Ma, R.**, Ortiz, A., Zhang, J. W. (2021, November). *'I have high self-compassion': A face-valid single-Item Self-Compassion Scale for resource-limited research contexts*. Poster presented at the Society for Personality and Social Psychology Conference (SPSP 2022), San Francisco, CA.
- Turner, E., **Ma, R.**, Zhang, J. W. (2021, November). *Self-Compassion and sexuality: a longitudinal analysis before and during the COVID-19 Pandemic*. Poster presented at the Society for Personality and Social Psychology Conference (SPSP 2022), San Francisco. CA.
- Ma, R.**, Cheah C. S. L., Buchanan, N. T., & Barman, S. (2021, September). *The role of ethnic identity, parenting, and psychological needs satisfaction in Asian American emerging adults' exposure to risks for disordered eating*. Poster presented at the 2021 Society for Research in Psychopathology (SRP) virtual conference.
- Moser, J. S., Louis, C., Gloe, L., **Ma, R.** (2020, October). *Sex differences and the role of ovarian hormones in associations between anxiety and cognitive control: Uncovering novel mechanisms for women's mental health*. Symposium talk at the 56th Annual Meeting for the Society for Psychophysiological Research (SPR), virtual.
- Ma, R.**, Gloe, L., Louis, C., Fix, S., Aviyente, S., Bernat, E. F., Moser, J. S. (2020, May) *Estradiol moderates the association between anxiety and cognitive control measured by medial-lateral*

*prefrontal theta synchronization in women.* [Poster session canceled] 32<sup>nd</sup> Association for Psychological Science (APS) Annual Convention (virtual conference).

- Ma, R., & Kelly, A. C.** (2019, March). *An ecological momentary assessment study of pride and positive affect before and after exercise in individuals with anorexia nervosa.* Poster presented at the 2019 International Conference on Eating Disorders (ICED), New York, NY
- Kelly, A. C. & **Ma, R.** (2019, March). *Day-to-day fluctuations in self-compassion levels contribute to eating pathology and affect in women with anorexia nervosa: A two-week daily diary study.* Paper session at the 2019 International Conference on Eating Disorders (ICED), New York, NY
- Ma, R.,** Capobianco, K., & Oakman, J. M. (2018, September). *Cross-cultural differences in etiologic conceptualizations of bulimia nervosa: A case of mainland China.* Poster presented at the 32<sup>nd</sup> Society for Research in Psychopathology (SRP) Annual Meeting, Indianapolis, IN
- Jones, P. J., McNally, R. J., & **Ma, R.** (2018, May). *Bridge centrality: Identifying bridge symptoms in psychopathology networks.* Symposium presentation at the 30<sup>th</sup> Association for Psychological Science (APS) Annual Convention, San Francisco, CA
- Ma, R.,** Jin, J., Van Snellenberg, J. X., Perlman, G., Klein, D. N., Kotov, R. & Mohanty, A. (2018, May). *Resting-state local functional connectomics predict adolescent future depression controlling concurrent ratings.* Poster presented at the 30<sup>th</sup> Association for Psychological Science (APS) Annual Convention, San Francisco, CA
- Moscovitch, D. A., **Ma, R.,** & Romano, M. (2018, May). *Social problem solving attitudes and outcomes in people with social anxiety disorder.* Poster presented at the 30<sup>th</sup> Association for Psychological Science (APS) Annual Convention, San Francisco, CA
- Saini, P., Romano, M., **Ma, R.,** & Moscovitch, D.A. (2018, May) *Social problem solving, autobiographical memory and interpretation bias in social anxiety.* Poster presented at the 8<sup>th</sup> Canadian Association of Cognitive and Behavioural Therapies (CACBT) Annual Conference, Vancouver, BC, Canada
- Glasgow, S.M., Jin, J., **Ma, R.,** Perlman, G., Van Snellenberg, J. X., Kotov, R., Klein, D.N., & Mohanty, A. (2018, May). *Reduced modularity of cognitive control network predicts future depression symptoms in adolescence.* Poster presented at the 11<sup>th</sup> Annual Meeting of the Social & Affective Neuroscience Society (SANS), Brooklyn, NY
- Ma, R.,** & Oakman, J. M., (2017, May). *Help or handicap? Education about mental illness may exacerbate stigma.* Poster presented at the 29<sup>th</sup> Association for Psychological Science (APS) Annual Convention, Boston, MA
- Ma, R.,** & Oakman, J. M., (2017, June). *Cyclically depressed: An experiment on reducing stigmatization of the premenstrual dysphoric disorder through comparison with the major depressive disorder.* Poster presented at the 78<sup>th</sup> Canadian Psychological Association (CPA) Annual Convention, Toronto, ON, Canada

Capobianco, K., Keleher, B., Oakman, J. M., **Ma, R.**, Milovanov, A., Finch, K. K., & Mittelstaedt, W. (2017, June). *Tailored or standardized interventions for academic procrastination*. Poster presented at the 78<sup>th</sup> Canadian Psychological Association (CPA) Annual Convention, Toronto, ON, Canada

## **TEACHING EXPERIENCE**

### ***Guest Lectures***

**Ma., R.** (Spring 2025). Effect Size. Guest Lecture for PSYC 210 Statistical Principles of Psychological Research, Department of Psychology and Neuroscience, The University of North Carolina at Chapel Hill, Chapel Hill, NC

**Ma, R.** (Fall 2024). Emotion and Psychopathology. Guest Lecture for NSCI 568 Emotion, Department of Psychology and Neuroscience, The University of North Carolina at Chapel Hill, Chapel Hill, NC

**Ma, R.** (Fall 2024). Borderline Personality Disorder: Conceptualization, Etiological Models, and Treatment. Guest Lecture for PSYC 245 Psychopathology, Department of Psychology and Neuroscience, The University of North Carolina at Chapel Hill, Chapel Hill, NC

**Ma, R.** (Spring 2023). Ethical Decision-Making in Clinical Intervention. Guest Lecture for PSYC 815 Ethics and Practice in Clinical Psychology, Department of Psychology and Neuroscience, The University of North Carolina at Chapel Hill, Chapel Hill, NC

**Ma, R.** (Spring 2023). Mentalization Based Treatment for Borderline Personality Disorder. Developmental Personality Neuroscience Lab, Department of Psychology and Neuroscience, The University of North Carolina at Chapel Hill, Chapel Hill, NC

**Ma, R.** (Fall 2019). Immigration, Migration, and Asylum. Guest Lecture for PSY 270 Community Psychology, Department of Psychology, Michigan State University, East Lansing, MI

### ***Class Instruction***

**Wilfrid Laurier University** | Lazaridis School of Business & Economics

Role: Instructional and Teaching Assistant

Course: BU111 Understanding the Business Environment (Fall 2014)

- Lectured approximately 60 freshman students during 2 weekly laboratories for the course Introduction to Business and Management (BU111)
- Advised 9 student teams on New Venture projects where they created and designed a business
- Coached teamwork, problem solving, financial analysis, effective presentation, and business writing skills with innovative instruction
- Mentored freshman students outside of the classroom, including during weekly office hours, to support their transition to undergraduate level studying

## ***Teaching Assistantship***

**The University of North Carolina at Chapel Hill** | Department of Psychology & Neuroscience

Role: Instructional Assistant

- PSYC 210 Statistical Principles of Psychological Research (Fall 2023, Spring 2025 & 2026)
- PSYC 245 Psychopathology (Fall 2024)
- PSYC 270 Research Methods (Summer 2024, Fall 2025)
- PSYC 220 Biopsychology (Spring 2024)
- PSYC 101 Introduction to Psychology (Spring 2023)

**Michigan State University** | Department of Psychology

Role: Teaching Assistant

- PSY 280 Abnormal Psychology (Spring 2021)
- PSY 101 Introductory Psychology (Fall 2020)
- PSY 200 Cognitive Psychology (Regular and Honors) (Spring 2020)
- PSY 270 Community Psychology (Regular and Honors) (Fall 2019)

**University of Waterloo** | Faculty of Mathematics

Role: Teaching Assistant

- Math 237 Calculus 3 for Honours Mathematics (Spring 2014)
- Math 135 Algebra for Honours Mathematics (Fall 2013)

## ***Clinical Supervision***

### **Psychiatry Resident Supervision**

2025 – 2026

Psychiatry and Behavioral Health, The Ohio State University Wexner Medical Center

- Supervised psychiatry residents on therapy provision
- Delivered lectures on cognitive-behavioural therapy (CBT) theory and practice

### **Training Clinic Supervision** | General Adult Clinic

2024 – 2025

Psychology & Neuroscience, University of North Carolina at Chapel Hill

Supervisor: Jonathan S. Abramowitz, Ph.D.

- Directly supervised junior clinical psychology graduate students at the General Adult Clinic
- Guided graduate students who entered their first-year therapy training on all aspects of therapy provision, such as planning assessments and interventions, forming case conceptualizations, making professional decisions, and keeping documentations
- Observed sessions through video recordings
- Attended a class focused on supervision provision (PSYC 823 Clinical Supervision and Consultation: Theory, Research, and Practice)

### **Neuropsychological Assessment Supervision** (for research)

2024 – 2025

Psychology & Neuroscience, University of North Carolina at Chapel Hill

Supervisors: Kristen A. Lindquist, Ph.D., Kelly S. Giovanello, Ph.D.

- Provided training and guidance to research assistants on administering, scoring, and interpreting neuropsychological assessments

## **PROFESSIONAL SERVICE**

### **Ad Hoc Reviewer**

*Humanities and Social Sciences Communications, Emotion, Annals of the New York Academy of Sciences, Theory & Psychology, Social Cognitive and Affective Neuroscience, Stigma and Health, Journal of Medical Internet Research, Psychological Trauma: Theory, Research, Practice, and Policy, International Journal of Eating Disorders, Journal of Affective Disorders, Journal of Psychopathology and Clinical Science, Cultural Diversity and Ethnic Minority Psychology, Sex Roles, Women & Therapy*

## **PROFESSIONAL MEMBERSHIP**

Canadian Psychological Association (CPA)  
Ontario Psychological Association (OPA)  
Association for Psychological Science (APS)  
Association for Behavioral and Cognitive Therapies (ABCT)  
American Psychological Association (APA; Division 35)  
Society for Affective Science (SAS)